

Choose the option that completes the sentence by using **Simple Past Tense** or **Past Continuous Tense**.

- 1) **The team _____ for months before the big competition.**
A) was training B) were training C) training D) trained
- 2) **Some employees _____ their tasks before the meeting started.**
A) was completing B) completes C) were completing D) completed
- 3) **The team _____ for the competition when they received the notification.**
A) training B) were training C) trained D) was training
- 4) **The team _____ on the project when the manager arrived.**
A) was working B) were working C) works D) worked
- 5) **The company _____ the new product last week.**
A) were launching B) was launching C) launched D) launches
- 6) **Some guests _____ at the party as the host was preparing drinks.**
A) arrives B) were arriving C) arrived D) was arriving
- 7) **The cat _____ peacefully on the sofa when the dog barked.**
A) slept B) sleeping C) was sleeping D) were sleeping
- 8) **The chef _____ dinner when the guests arrived.**
A) didn't cooking B) didn't cook C) wasn't cooking D) weren't cooking
- 9) **The children _____ football in the park when it started to rain.**
A) was playing B) were playing C) played D) plays
- 10) **A team of engineers _____ the blueprint when the project manager stopped by.**
A) designed B) was designing C) designs D) were designing
- 11) **The company _____ a new product yesterday.**
A) announces B) were announcing C) was announcing D) announced
- 12) **The children _____ soccer when their parents arrived.**
A) was playing B) played C) were playing D) playing
- 13) **The chef _____ the meal when the fire alarm went off.**
A) was preparing B) prepared C) were preparing D) prepares
- 14) **A couple of friends _____ their plans for the weekend.**
A) was discussing B) discussing C) discussed D) were discussing
- 15) **A group of workers _____ the road while the traffic was diverted.**
A) was repairing B) repairs C) were repairing D) repaired

Answer Sheet (C4MB5)

Simple Past Tense or Past Continuous Tense: Intermediate Level: Multiple Choice Quiz 5

- 1) D) trained
- 2) D) completed
- 3) D) was training
- 4) A) was working
- 5) C) launched
- 6) B) were arriving
- 7) C) was sleeping
- 8) C) wasn't cooking
- 9) B) were playing
- 10) B) was designing
- 11) D) announced
- 12) C) were playing
- 13) A) was preparing
- 14) A) was discussing
- 15) A) was repairing



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