



Learning Outcome: E8.5.R1. Students will be able to identify main ideas in short and simple texts about internet habits.

1. On the poster, you see parts of speeches by four famous psychologists about Internet addiction.

LOG OFF



Dr Gloria Clark

People sometimes spend more time online to forget about their problems. Getting likes or new messages can make people want to stay online longer. These things may lead to addiction.

Dr Rita Adams

Internet addiction can cause poor performance at school or work. It can make people always feel sleepy. Relationships with family and friends may also get worse. Internet addiction can lead to even depression.

LIVE MORE

Dr Sam Smith

Some people may feel worried or angry if they cannot use the Internet. They may even forget to eat or sleep. In some situations, they may try to stop using the Internet, but they cannot. If you do or feel similar things, you may have Internet addiction.

Dr Jacob Baker

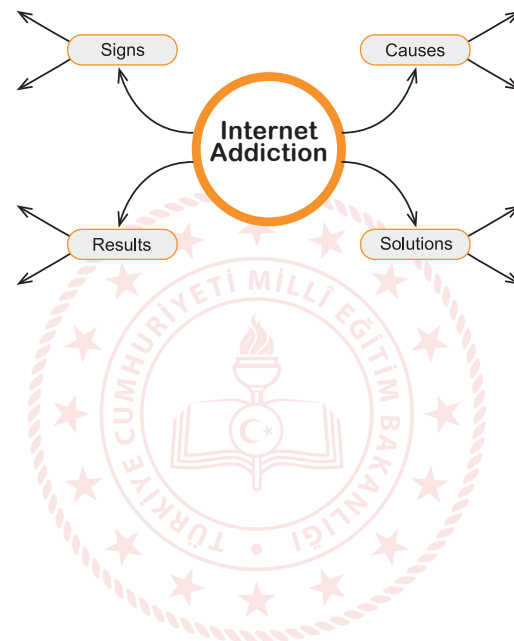
People should set limits on how much time they spend online each day. They can plan activities such as exercising and reading. They can have more time with their families and friends. If they need help, they can see a psychologist.

a. Read the poster and complete the table with the correct names of the psychologists.

Who talks about ----	
the causes of Internet addiction?	
the solutions to Internet addiction?	
the results of Internet addiction?	
the signs of Internet addiction?	




b. Read the poster and complete the mind map with phrases or sentences. Two answers are enough for each title.





Learning Outcome: E8.5.W1. Students will be able to write a basic paragraph to describe their internet habits.

2. Look at the visual and write a paragraph about Amy's daily Internet use, including her online activities, the period of time she spends online, and her feelings when she is online.

	Amy's Daily Internet Use		
	Activity	Period of time	Feelings
	Do research for homework	1 hour	Excited
	Practise Spanish	1 hour	Nervous but excited
	Listen to music	15 minutes	Relaxed and hopeful
	Surf social media	15 minutes	Sometimes bored
	Play online games	30 minutes	Happy but sometimes stressed and worried



Learning Outcome: E8.6.R1. Students will be able to understand short and simple texts to find the main points about adventures.

3. Asia, a famous travel magazine writer, interviews an adrenaline lover about extreme sports. Complete the table according to the interview.



Adventure Lovers

■ Asia: What do you want to tell us about yourself, Emilka?
 Emilka: I am an adrenaline lover from Cape Town, South Africa. I travel to try extreme sports in different countries.



■ Asia: What extreme sports have you tried so far?
 Emilka: I've tried a lot, but I'll share some of them. In my hometown, I did rock climbing on Mount Table. I was afraid of heights, but the view from the top was incredible. Then, I went to New Zealand and tried bungee jumping. That was challenging but terrific. It was my favourite and the most exciting experience I've ever had. After that, I went to Türkiye and tried paragliding in Fethiye. It was amazing.

Name of the extreme sports Emilka has tried	Country where Emilka has tried it	Emilka's thoughts and feelings about it



1. SINAV

İNGİLİZCE 8

Learning Outcome: E8.6.W1. Students will be able to write a short and simple paragraph comparing two objects.

4. Imagine you want to try an extreme sport in Türkiye, and you choose one of the extreme sports on the poster. Explain your reasons in a paragraph comparing your choice with other options by price, difficulty, and danger level.

