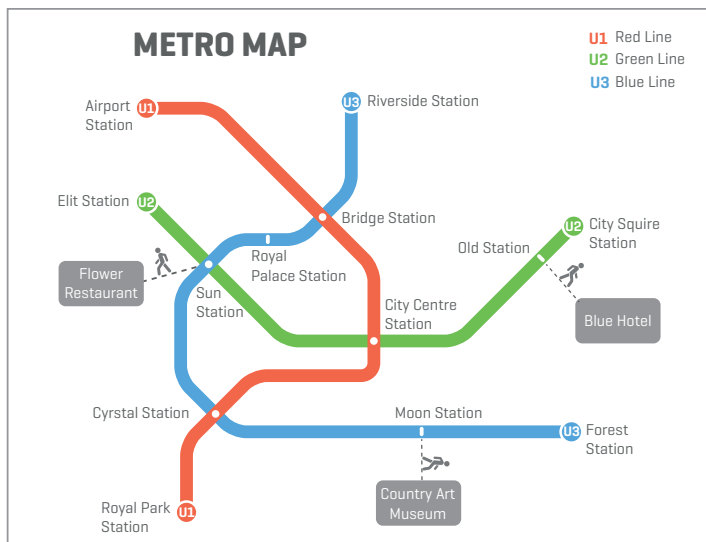




Learning Outcome: E10.5.R1. Students will be able to make use of written instructions in order to draw a route.

1. AybÜke flies to Dublin tomorrow morning. When she arrives in the city, she plans to go to the Blue Hotel to check in. Then, she will have the traditional breakfast of the city at the Flower Restaurant. After that, she plans to visit the Country Art Museum, and finally, she wants to return to the hotel. AybÜke is trying to plan a route according to the metro map because she will use the metro for transportation.

Look at the map below and help AybÜke plan her metro route according to her destinations.



AybÜke's Travel Route on the Metro

Destination I	Take the Red Line from Airport Station to City Center Station.
Blue Hotel	Then, transfer to the Green Line and travel from there to Old Station
Destination II	Take the ----- Line from ----- Station to ----- Station.
Destination III	Take the ----- Line from ----- Station to ----- Station.
Destination IV	Take the ----- Line from ----- Station to ----- Station.
	Then, transfer to the ----- Line from ----- Station and travel from there to ----- Station.



Learning Outcome: E10.6.R2. Students will be able to make use of contextual clues to infer the possible consequences about helpful tips.

2. Read the brochure below about home remedies and complete the sentences.

Home Remedies for the Most Common Issues

1	For muscle aches, apply a warm compress to the affected area or use peppermint oil. They warm the surface and relieve pain.	
2	To treat acne, use a dab of tea tree oil directly on the pimple or apply aloe vera gel to reduce inflammation.	
3	If you have a sore throat, gargle with warm salt water to reduce irritation and inflammation.	
4	For a stuffy nose, inhale steam from a bowl of hot water or use a few drops of eucalyptus oil in a humidifier.	
5	To ease headaches, massage your temples with lavender oil or drink a cup of ginger tea to relieve tension.	

- a. If your throat is sore, -----.
- b. If you're dealing with a blocked nose, -----.
- c. If you want to effectively ease muscle pain, -----.
- d. If you're suffering from a headache, -----.
- e. If you're looking for a cure for acne, -----.



Learning Outcome: E10.6.W2. Students will be able to write an advice letter about youth problems.

3. Imagine that you are working as an author on a webpage where teenagers write about their problems and ask for advice. Write a piece of advice for at least two of the people below.

Learn and search for useful information

ICS LATEST IDEA FAQ Members Logout

Sally 17
Hi Sir/ Madam, I often find myself running out of money before the end of the month. When I get my pocket money, I spend it too quickly on things I don't need, like clothes or snacks. Do you have any tips on how I can manage my money better?

Author's Advice

Jack 14
Hi Sir/ Madam, I get stressed before exams, and it's hard to focus on studying. I can't stop worrying about my grades, and I feel like I won't do well. How can I manage exam stress and study more effectively? I'd really appreciate your help.

Author's Advice

Harry 16
Hi Sir/ Madam, I've been feeling tired all the time, even after a full night's sleep. I'm not sure what's causing it, but it's hard to stay focused during the day. Do you have any suggestions on how to improve energy levels or deal with the constant tiredness?


Author's Advice




Learning Outcome: 10.7.R1. Students will be able to evaluate a text to classify various cuisines around the world.

4. Read the texts below and complete the mind map with phrases or full sentences. One answer is enough for each title.

Eating Habits Around the World



In Türkiye, breakfast is an important meal, often enjoyed with family. A typical Turkish breakfast includes cheese, olives, tomatoes, cucumbers, eggs, bread, bagels, and pastries. People usually drink tea with their breakfast. This meal is healthy because it includes a variety of vitamins, proteins, and carbohydrates. However, consuming too many carbohydrate-rich foods can lead to weight gain and some health issues if not balanced with exercise.



In Japan, breakfast often consists of rice, miso soup, fish, and pickled vegetables. It is a very healthy meal because it is rich in protein and low in fat. Fish provides important omega-3 fatty acids, which are good for the heart. The downside is that it can take time to prepare, which might be difficult for people with busy mornings.

