

1. EXPRESSING ILLNESSES, NEEDS AND FEELINGS

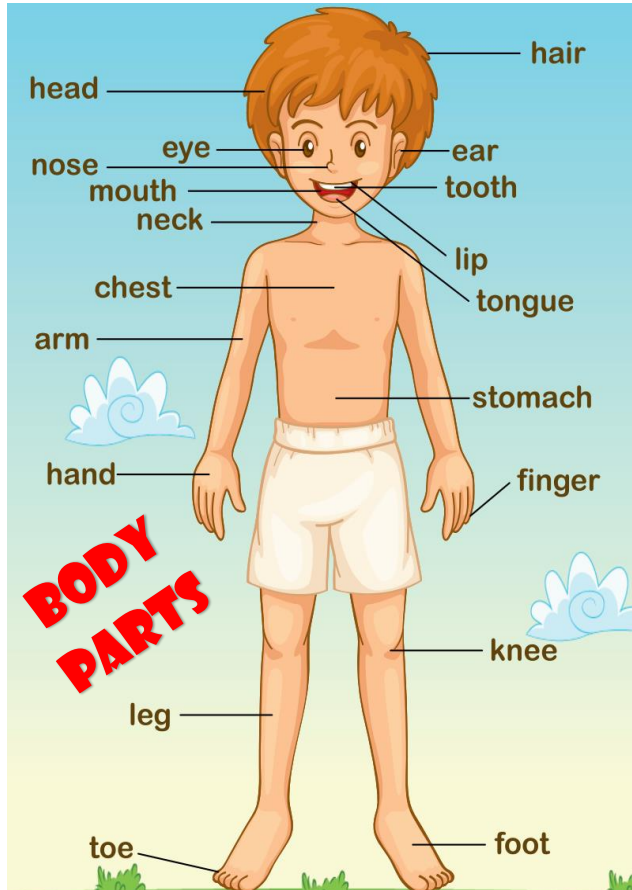
ILLNESSES (HASTALIKLAR)		FEELINGS (HİSLER)		NEEDS (İHTİYAÇLAR)	
(I have ...)	(He / She has ...)	(I feel ...)	(He / She feels ...)	(I need ...)	(He / She needs ...)
A backache	Sırt ağrısı	Bad	Kötü	A warm shower	Ilık bir duş
A broken arm	Kırık kol	Cold	Üşümüş	Blanket	Battaniye
A broken leg	Kırık bacak	Dizzy	Başı dönen	Hot water bottle	Sıcak su torbası
A bump	Şişilik	Faint	Bayılma	Ice bag	Buz torbası
A cold	Soğuk algınlığı	Fine / Good / Well	İyi	Medicine	İlaç
A cough	Öksürük	Great	Harika	Mint and lemon tea	Nane limon çayı
A cut	Kesik	Healthy	Sağlıklı	Painkiller	Ağrı kesici
A fever	Ateş	Hot	Sıcak	Pill / Drug	Hap
A headache	Baş ağrısı	Ill	Hasta	Plaster	Alçı / Yara bandı
A runny nose	Burun akıntısı	Pain	Ağrı / Sızı	Syrup	Şurup
A sore throat	Boğaz ağrısı	Sad	Üzgün	Thermometer	Termometre
A stomachache	Karın ağrısı	Sleepy	Uykulu	Tissue	Peçete
A toothache	Diş ağrısı	Terrible	Berbat	Vitamin C	C vitamini
An earache	Kulak ağrısı	Tired	Yorgun	Warm clothes	Sıcak tutan kıyafetler
Sneeze	Hapşırma	Clinic	: Klinik	Doctor	: Doktor
The flu	Nezle / Grip	Dentist	: Dişçi	Nurse	: Hemşire
The measles	Kızamık			Patient	: Hasta
				Prescription	: Reçete

Are you alright? / Are you OK? : İyi misin?
 Do you have a cough? : Öksürüğün var mı?
 Get well soon. / Get better soon. : Geçmiş olsun.
 How is it going? : Nasıl gidiyor? / Nasılsın?
 I feel tired. : Yorgun hissediyorum.
 I have a headache. : Başım ağrıyor.
 I have a pain in my ear. : Kulağımda bir ağrı var.
 I'm sorry to hear that. : Bunu duyduğuma üzüldüm.
 My leg hurts a lot. : Bacağım çok ağrıyor.
 Take care. : Kendine iyi bak.
 You don't need medicine. : İlaça ihtiyacın yok.
 You look ill. : Hasta görünüyorsun.

Sağlık problemlerimizden bahsederken kullanacağımız ifadeler ile kişilerin hislerini ve ihtiyaçlarını belirtirken yararlanacakları kelimeler yukarıda listelenmiştir.
 Soru cümlelerimiz şunlardır:

- What's the matter with you?
- What's the problem with you?
- What's wrong with you?
- What's your problem?

(Problemin ne? / Sorunun ne? / Neyin var?)



- What's the matter with you, Carol?
- What's the problem with you, Carol?
- What's wrong with you, Carol?
- What's your problem, Carol?

I have a stomachache.
 I have a pain in my stomach.
 My stomach hurts.

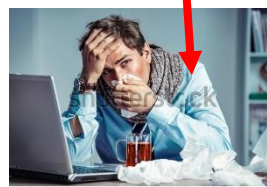
Mary : How is it going? You look bad.

Nick : I don't feel well. **I feel cold.**

Mary : What's the problem with you?

Nick : **I have the flu.**

Mary : Get well soon. **You need mint and lemon tea.**



A. Match the sentences with the correct pictures.

WHAT IS THE MATTER WITH THESE PEOPLE?



a



b



c



d

1. Cindy has the measles.

3. The Clarks have the flu.

5. Greg has a broken arm.

7. Jack has a fever.

2. James has a headache.

4. Nancy has a cough.

6. Emily sneezes a lot.

8. Mary has a sore throat.



e



f



g



h

B. Categorize the words as in the example.

~~BACKACHE~~

~~MEDICINE~~

STOMACHACHE

~~BAD~~

PLASTER

TERRIBLE

BLANKET

~~RUNNY NOSE~~

TOOTHACHE

EARACHE

SLEEPY

TIRED

GOOD

SYRUP

TISSUE

ILLNESSES

01 RUNNY NOSE

02

03

04

05

FEELINGS

01 BAD

02

03

04

05

NEEDS

01 MEDICINE

02

03

04

05

C. Choose the correct answer.

1. Pam has a runny nose. She needs - - - - .

2. Parker has a sore throat. He needs - - - - .

3. Amy has a fever. She needs - - - - .

4. Joe feels cold. He needs - - - - .

5. Peter has a cough. He needs - - - - .

6. Jane has a headache. She needs - - - - .
- a) tissues

a) cold water

a) hot water bottle

a) blanket

a) syrup

a) warm clothes
- b) dentist

b) mint and lemon tea

b) thermometer

b) ice bag

b) plaster

b) painkiller

1.

This is John Carter. He feels bad and ill all week.



According to the visuals above, which of the following does NOT match with John’s illnesses?

A) Toothache B) Backache
C) Headache D) Stomachache

2.

I. What’s the problem with you, Carol?
II. Thanks a lot.
III. I’m sorry to hear that. Get better soon.
IV. I have the measles.

Which of the following shows the correct order of the dialogue above?

A) I – III – II – IV B) I – IV – II – III
C) I – IV – III – II D) IV – I – III – II


3.

Nick : - - - -?
Kevin : I have a terrible cough.
Nick : You need a cough syrup, then.
Kevin : You’re right. I also need a rest.

Which of the following questions does NOT complete the dialogue above?

A) What is wrong with you
B) What do you need
C) What is the problem with you
D) What is the matter with you

4.

	Name	Martin
	Age	13
	Health problem	Sore throat
	Feeling	Terrible & tired

Which question does NOT have an answer in the table above?

A) How old is Martin? B) What’s Martin’s illness?
C) How does Martin feel? D) What does Martin need?

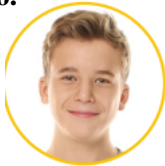
5.

Thomas : Hi, Paul. - - - -?
Paul : Not well, Thomas.
Thomas : Oh, no. - - - -?
Paul : I feel cold and tired. I have a runny nose, too.
Thomas : You have the flu. - - - -?
Paul : Yes. Can you give me some tissues and a blanket?
Thomas : OK. I can bring them. Wait a minute.
Paul : Thank you very much, Thomas.
Thomas : No problem, Paul.

Which of the following questions does Thomas NOT ask Paul?

A) Do you need anything
B) How is it going
C) Can you come my home
D) What’s wrong with you

6.



Hello, I’m Carlos. I don’t feel well today. I feel ill. I go to the hospital in the afternoon because I have a terrible pain in my stomach. Maybe, the doctor says what I can do.

CARLOS

What is wrong with Carlos?

A) Carlos feels great today.
B) Carlos has a bad stomachache.
C) Carlos’ back hurts a lot.
D) Carlos doesn’t need to see a doctor.

7.

PAM

My tooth hurts a lot. I can't open my mouth and talk.

CINDY

I have a pain in my ear. It hurts a lot.

I have a headache and I need some painkillers.

I have red spots on my body. I have the measles.

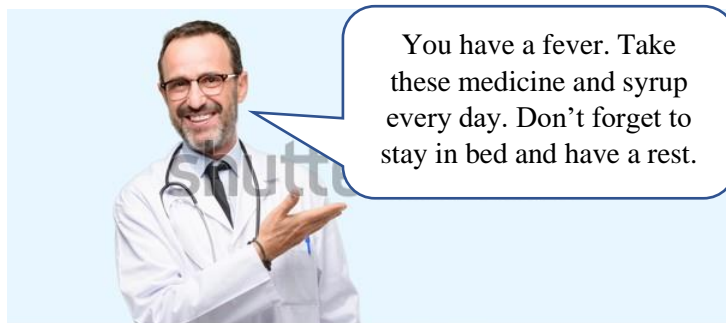
O
W
E
N

M
A
R
K

Who needs to see the dentist?

- A) Pam
- B) Owen
- C) Cindy
- D) Mark

8.



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Who does the doctor give advice to?



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9.

ERICA

I can't carry heavy things because I have a - - - -.

NANCY

I have a - - - -. It hurts a lot and I can't walk.

I have the flu and I - - - - every minute. I need vitamin C.

G
L
E
G

Which of the following illnesses CANNOT you use in any of the sentences above?

- A) cough
- B) sneeze
- C) broken leg
- D) backache

10.

RITA

I cut my finger while making a salad in the kitchen.

SARAH

I have a runny nose, and I sneeze a lot.

I feel tired and faint. I need a rest.

S
A
M

I have a bad sore throat. I need a painkiller.

M
A
X

What does Max need?



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2. MAKING SIMPLE SUGGESTIONS

SUGGESTIONS / GIVING ADVICE

Birilerine bir eylemi yapıp / yapmama konusunda tavsiyede bulunurken kullanacağımız yapılar **“SHOULD”** ve **“SHOULDN’T”** yapılarıdır. Bu ifadelerden sonra kullanılan fiiller **“V1”** formatında, yani eksiz kullanılır. Uyarıda bulunurken ya da talimat vermek içinde olumlu / olumsuz emir cümlelerinden yararlanırız. Bunlarda tavsiye cümlelerinde olduğu gibi fiilin yalın haliyle kullanılır. Olumsuz cümlelerde ise **“DON’T + V1”** kuralı geçerlidir.

I have a pain in my back.



Mary

You **shouldn’t** carry heavy things.

You **should** have a rest.

I have a terrible toothache.



Ted

You **shouldn’t** eat candies.

You **should** see a dentist.

I have a sore throat. My throat hurts.



Tom

You **should** keep your throat warm.

You **shouldn’t** drink cold water.

I have the flu and I always sneeze.



Suzy

You **should** take some vitamin C.

You **shouldn’t** drink cola.

TO BE HEALTHY

Eat lots of fruits.

Do exercises regularly.

Have a good breakfast.

Brush your teeth every day.

Sleep nine hours a day.

Don’t eat junk food.

Don’t skip your meals.

Don’t eat too much chocolate.

Don’t listen to loud music.

Don’t drink cold water.



D. Read the sentences below and circle the correct option.



1. Sally has a cut on her finger.
She **should** / **shouldn't** get a plaster.



2. Mark has the measles.
He **should** / **shouldn't** go to school.



3. Lisa has a headache.
She **should** / **shouldn't** listen to loud music.



4. Alex has a runny nose.
He **should** / **shouldn't** buy some tissues.



5. Lily has a toothache.
She **should** / **shouldn't** eat chocolate.



6. Larry has a backache.
He **should** / **shouldn't** rest at home.

E. Read the phrases below and categorize them.

Drink cold water
Carry heavy things
Wash your hands with soap
Go to bed late

Eat fast food
Keep your throat warm
Watch TV too much

Brush teeth three times a day
Eat fruits and vegetables
Take a rest regularly

DOs

01	
02	
03	
04	
05	

DON'Ts

01	
02	
03	
04	
05	

F. Match the questions with the answers below.

1. Can you raise your finger?
2. What's the matter with you?
3. I have a terrible toothache. What should I do?
4. Why do you need this cough syrup?
5. What does Alex need to get well?
6. How does Jack feel today?
7. Can I go to school?
8. What's wrong with Sally?
9. Do you eat fruits and vegetables?
10. What can I do to be healthy?

- a. He needs vitamin C.
- b. I'm sorry, you can't.
- c. Yes, always.
- d. Sleep nine hours a day.
- e. No, I can't. It hurts.
- f. She has a runny nose.
- g. You should see a dentist.
- h. Because I have a bad cough.
- i. He feels tired and sleepy.
- j. I feel cold and I sneeze.

1. <input type="radio"/>	2. <input type="radio"/>	3. <input type="radio"/>	4. <input type="radio"/>	5. <input type="radio"/>	6. <input type="radio"/>	7. <input type="radio"/>	8. <input type="radio"/>	9. <input type="radio"/>	10. <input type="radio"/>
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This is Sarah. She is a 5th grade student. She has a bad cough and feels cold today. She needs some advice to get better soon.

1. Sarah should - - - .

- A) drink cold drinks
- B) take some medicine
- C) play outside
- D) get a plaster

Ted isn't feeling well today because he has a terrible backache. Some of his classmates give him some advice.

- Nick : You shouldn't eat candies.
- Joe : You should take cough syrup.
- Julia : You shouldn't carry heavy things.
- Betty : You should have a warm shower.

2. Whose advice is suitable for Ted?

- A) Nick
- B) Joe
- C) Julia
- D) Betty

Nancy's mother is very ill and she is staying at home now. Nancy wants to get some painkillers for her mother.

3. Where should Nancy go?



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D) www.shutterstock.com - 1931617574

4.

- - - -	- - - -
Backache	Stay in bed and rest
Headache	Take some pills
Stomachache	Don't go outside
The measles	Don't go to school

Which of the following is appropriate for the table above?

- A) Needs / Suggestions
- B) Health Problems / Suggestions
- C) Feelings / Health Problems
- D) Advices / Suggestions

5.

- George : You don't look well. - - - -?
- Ricky : I feel ill and tired.
- George : Really? - - - -?
- Ricky : I have a bad toothache.
- George : - - - -?
- Ricky : OK. I'll see him in the afternoon.

Which of the following questions does George NOT ask Ricky?

- A) Why don't you see a dentist
- B) What is wrong with you
- C) Is everything OK
- D) What should I do for you

6.

P
A
M

I feel hot and tired. What should I do?
Can you give me some advice?

A
M
Y

Stay in bed and rest.

P
E
T
E

Have a cold shower.

G
R
E
G

Don't go to school.

Which of the following is CORRECT about Pam?

- A) Pam has a fever.
- B) Pam shouldn't get a cold shower.
- C) Pam should go outside.
- D) Pam has a cold.



7. Which of the following is FALSE about the people?

- A) Carol should take an extra blanket.
- B) Betty shouldn't go outside.
- C) Vendy shouldn't drink mint and lemon tea.
- D) Sarah should keep her throat warm.

➤ Brush your teeth three times a day.

➤ Have your breakfast every day.

➤ Go to bed on time.

➤ - - - - ,

**WHAT SHOULD WE DO
TO BE MORE HEALTHY?**



8. Which of the following CAN we add to the list above?

- A) Eat lots of canides
- B) Listen to loud music
- C) Do less sports
- D) Take a rest regularly

ANDERSON

I feel ill today. I have a terrible pain in my stomach. I shouldn't go to school today. I should stay in bed.



9. What is the problem with Anderson?



Georgia has the measles today. She feels tired and hot.

10. Which of the following suggestions can you give Georgia?

- A) You should brush your teeth.
- B) You shouldn't go outside.
- C) You should wear some warm clothes.
- D) You shouldn't carry heavy things.

1.

- A) Sleepy
- B) Great
- C) Faint
- D) Cold



2.

- A) Toothache
- B) Earache
- C) Stomachache
- D) Backache



3.

- A) Medicine
- B) Ice bag
- C) Thermometer
- D) Blanket



4.

- A) See a dentist
- B) Have a rest
- C) Watch TV
- D) Have a shower



5.

- A) Doctor
- B) Nurse
- C) Patient
- D) Dentist



6. James doesn't feel well because he has - - - and he has a runny nose.

- A) backache
- B) the flu
- C) the measles
- D) headache

7. Melinda has a - - - in her stomach. She feels so bad today.

- A) cut
- B) pill
- C) tissue
- D) pain

8. My father, John has a terrible backache. He shouldn't - - - .

- A) drink cold water
- B) brush his teeth
- C) carry heavy things
- D) have a rest

9. My daughter, Suzy needs a - - - because she has a broken arm.

- A) plaster
- B) syrup
- C) thermometer
- D) tissue

10. My mother, Rita has a bad - - -. She needs some cough syrup.

- A) fever
- B) sore throat
- C) cough
- D) stomachache



If you don't want to have a sore throat, you shouldn't - - - .

1. Which of the following completes the doctor's advice above?

- A) keep your throat warm
- B) take some pills
- C) drink cold water
- D) get vitamin C

2.
Alice : I shouldn't eat chocolates.
Bruce : I should buy some tissues.
Carol : I shouldn't get an aspirin.
Derek : I should stay at home.

Who has a runny nose?

- A) Alice
- B) Bruce
- C) Carol
- D) Derek



I have a terrible cough.



I feel ill and cold.



I have a bad headache.



I have a broken arm.

3. What does Nancy need?



Nick : My tooth hurts a lot. I have a terrible pain.
I can't sleep and I can't eat or drink anything.

4. Who should Nick see according to the information above?



A)



B)



C)



D)

John : Let's play basketball in the afternoon, Mike.
Mike : Sorry, but I can't.
John : - - - -?
Mike : I don't feel well. I sneeze a lot.
John : - - - -?
Mike : Yes. I have a runny nose, too.
John : - - - -?
Mike : You're right. Thanks for the advice.
John : No problem. Get well soon.

5. Which of the following questions does John NOT ask Mike?

- A) Do you feel cold
- B) What is the problem
- C) Why don't you see a doctor
- D) Can we play it tomorrow

Mark : Can I go outside? Doctor : No. You have a fever.	Matt : What should I do? Doctor : You shouldn't eat candies.
Mary : Can I go to school? Doctor : Yes, but keep your throat warm.	Mandy : What should I do? Doctor : You should have a rest.

6. Which of the following is FALSE about the table?

- A) Mark feels hot.
- B) Matt has a toothache.
- C) Mary has a headache.
- D) Mandy feels tired.

Mr. Johnson is a doctor at a hospital and he has some patients today.



7. Which of the following is NOT one of Dr. Johnson's advice for his patients?

- A) You shouldn't listen to loud music.
- B) You shouldn't eat fast food.
- C) You shouldn't carry heavy things.
- D) You shouldn't drink cold water.

Mum : What happened, honey? Are you OK?

Tim : I feel ill, mum.

Mum : Do you have a fever or stomachache?

Tim : No. I have a terrible pain on my head.

Mum : Don't go to school today. I can give you some medicine.

Tim : OK, mum.

8. What is wrong with Tim?



Answer the questions (9-10) according to the given text below.

THE MEASLES



The measles is a serious illness. It can pass through breath and direct contact. High fever, red spots on your skin, cough, red eyes, sore throat etc. are some symptoms of the measles. When you have the measles, don't take any aspirin or don't enter smoking areas. You should see a doctor and keep away from other children. Drink lots of water and have a rest. You should also take vitamin A and some medicine.

9. Which of the following is CORRECT about the text above?

- A) The measles doesn't pass to anyone.
- B) There is no need to drink water if you have the measles.
- C) Vitamin A is important in the measles.
- D) The measles is not a serious health problem.

10. What should you do if you have the measles?

- A) You should enter smoking areas.
- B) You shouldn't take any aspirin.
- C) You shouldn't take some medicine.
- D) You should play with your friends outside.



Amanda has a terrible sore throat and needs some advice to get better soon, so she goes to the hospital.

1. Which of the following does the doctor say to Amanda?

- A) "Take a cold bath and relax!"
- B) "Drink lots of warm water and mint tea!"
- C) "Brush your teeth every day!"
- D) "Go out and play in the park!"

Meg, Dawson, Carol and Derek are absent today. Their teacher phones them and they say;



Teacher

Meg : I have a pain in my back.

Dawson : I have a fever.

Carol : I have the measles.

Derek : I have a stomachache.

2. According to the information above, who shouldn't carry heavy things?

- A) Meg
- B) Dawson
- C) Carol
- D) Derek



3. Which of the following is CORRECT about the visuals above?

- A) Julia shouldn't carry heavy things.
- B) Amy should drink mint and lemon tea.
- C) Suzy has the measles.
- D) Mark has a bad toothache.



Doctor

You should have some cough syrup because you have a bad cough.

4. Who does the doctor give advice to?



A)



B)



C)



D)

Edward : You look terrible. - - - -?

Tom : No, I feel ill.

Edward : - - - -?

Tom : I feel cold. I think I have the flu.

Edward : - - - -?

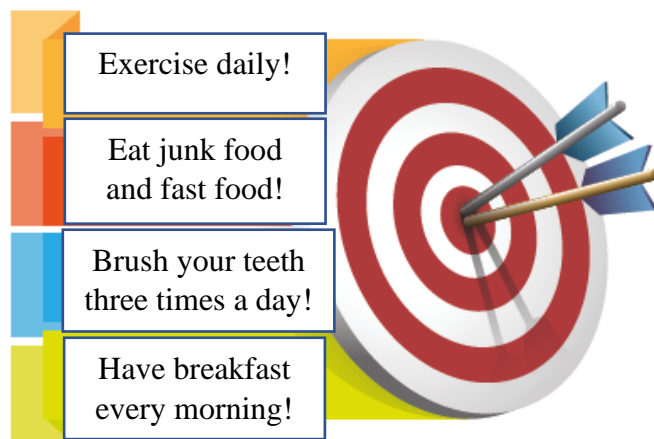
Tom : A blanket, please.

Edward : OK. I will get it.

5. Which of the following questions does Edward NOT ask Tom?

- A) Do you need anything
- B) What is the matter with you
- C) Are you OK, Tom
- D) Do you have a headache

HOW TO BE HEALTHY!



6. Which of the following is ODD for the game?

- A) Exercise daily!
- B) Eat junk food and fast food!
- C) Brush your teeth three times a day!
- D) Have breakfast every morning!



1. ----



2. ----



3. ----



4. ----

Jack feels cold. He should wear warm clothes. Mary has a headache. She should take a painkiller. Paul has a runny nose, so he needs some tissues. Jane has a cut on her finger. She should take a plaster.

7. Which of the following is the **CORRECT** order to fill in the blanks above?

- | | 1 | 2 | 3 | 4 |
|---------|---|------|---|------|
| A) Jack | – | Mary | – | Jane |
| B) Mary | – | Jack | – | Paul |
| C) Mary | – | Jane | – | Paul |
| D) Jane | – | Jack | – | Mary |



JASON

Jason feels ill today and he can't go to school because he has a terrible stomachache. His parents has some advice for him.

Brother You shouldn't see a doctor.

Father You should take some medicine.

Mother You should have a rest at home.

Sister You shouldn't eat chocolate or candies.

8. Whose advice is **NOT** suitable for Jason?

- A) His mother's B) His father's C) His sister's D) His brother's

Answer the questions (9 -10) according to the given dialogues below.

Joe : Hello, Sam. Why don't we go camping this weekend?
Sam : I'm afraid, I can't. I have a fever. I should stay in bed.
Joe : I'm sorry to hear that. Get well soon.
Sam : Thanks a lot, Joe. Bye.

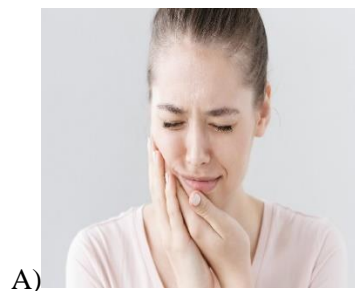
Erica : Hi, Tim! Let's watch a movie at the cinema today.
Tim : I'm sorry, I can't. I have a cold and I sneeze.
Erica : Poor you! Take vitamin C and wear warm clothes.
Tim : OK. We can watch it later, then.

Martina : Hello, Betty. Are you OK?
Betty : No, I don't feel well. My tooth hurts a lot.
Martina : You should see a dentist and take some medicine.
Betty : You're right.

9. Which of the following is **CORRECT** about the dialogues above?

- A) Sam shouldn't stay in bed.
 B) Betty has a bad toothache.
 C) Tim can go to the cinema with Erica.
 D) Sam, Tim and Betty all feel well.

10. What is wrong with Sam?



A)



B)



C)



D)