

1

Complete the sentences with **used to** + an appropriate verb.

**E.g.** My father doesn't eat sweets anymore but he used to eat lots of them in the past.

1. My sister used to have long hair but she cut it last week.
2. This building is now a café but it used to be a popular pastry shop when I was young.
3. I've started drinking drip coffee these days but I never used to drink it before.
4. I used to do sports regularly in the past but now I am too lazy.
5. There used to be only one shop in the village but now there are more than three, I suppose.
6. Jack and Susan used to travel a lot but now they have three children and they don't go away very often.
7. Do you see that plain over there? There used to be a cottage in the middle of it when I was a child.
8. Tom used to have a motor-cycle in the past, now he has a brand-new car.
9. My mother used to cook delicious meals for us in the past, but now she is too busy with her office work, so we generally eat out.
10. I used to eat a lot of sweets when I was a child but I must be careful with my diet now.

2

Jenny has changed her lifestyle. Write some sentences about her.

She stopped

watching TV for long hours.  
being online all day long.  
going to bed late.  
spending a lot of money.

She started

reading books.  
meeting her friends out.  
going to a gym.  
cooking at home.

**E.g.** She used to watch TV for long hours.

She didn't use to read books.

1. She used to be online all day long.
2. She used to go to bed late.
3. She used to spend a lot of money.

- She didn't use to meet her friends out.
- She didn't use to go to a gym.
- She didn't use to cook at home.

3

Mr. Blonde is a successful businessman and you are interviewing him about his habits in the past. Ask him what he used to do when he was younger as in the example.

**E.g.** I know you are a workaholic now but did you use to be a workaholic from the very beginning?

1. I know that you don't play football now but did you use to play football?
2. We know you are very rich now but did you use to be rich?
3. We know you don't go out very often at nights but did you use to go out very often at nights?
4. I know you play the piano very well but did you use to play the piano very well?
5. I know you have many friends today but did you use to have many friends?
6. I've heard that you sleep before ten o'clock every night but did you use to sleep before ten o'clock every night?
7. I've read that you run 3 miles every morning but did you use to run 3 miles every morning?
8. We know you do online shopping now but did you use to do online shopping?

4

Anna used to have an unhealthy lifestyle. She got help and changed her habits. Look at the pictures and guess what she used to or didn't use to do before. Then, make sentences using the expressions in the box.

drive for short distances	<del>use the elevator</del>	have online chat with friends	eat fast food	stay up late
do sports	eat chips while studying	<del>use stairs</del>	eat fruit	meet friends outdoor



Eg: She used to use the elevator all the time.



Eg: She didn't use to use stairs.



1. She used to eat fast food.



2. She didn't use to meet friends outdoor.



3. She didn't use to do sports.



4. She used to eat chips while studying.



5. She used to drive for short distance.



6. She didn't use to eat fruit.



7. She used to have online chat with friends.



8. She used to stay up late.

5 A

Read the table below and find the suitable title for each part from the box. One has been done for you.

Farming	Equipment and Machinery	Attitudes and Feelings	Clothing	Housing
---------	-------------------------	------------------------	----------	---------

**What Changed through Years**

Past lifestyle was simple, traditional, home-based with a self-sufficient economy and simple tools. On the other hand, today's lifestyle is comfortable, highly-technological but complex and based on a profit oriented production economy. However, this complexity and comfort of the lifestyle depends on the income level, regional and cultural differences. We can compare and contrast the past and the present lifestyles under many different areas. And below are some examples of these lifestyles.

Titles	Then	Now
Eg. <u>Attitudes and Feelings</u>	People used to be more peaceful since they didn't have any complex economic, social or political problems.	People are more educated and open to express their opinions. Due to their complex lifestyles, their attitudes and feelings are more complex.
1. <u>Farming</u>	People used to grow their own vegetables and fruits. They were healthy, they rarely had diseases and never needed extra exercise since their daily work kept their bodies running.	People have destroyed the agriculture. With the introduction of technology and pesticides, traditional farming culture turned upside down. Now, only few farmers keep producing crops with traditional methods and this has made us spend more money on organic food. Thus, we seek and pay more money for what our ancestors actually grew years and years ago. Today, people need medicine more often.
2. <u>Clothing</u>	People used to wear simple and functional clothes. Their clothes changed according to the climate and region they lived in.	Rather than the climate or region they live in, comfort, trend and style are what matters in clothing today. No matter whether they feel cold or hot, people are happy with wearing trendy clothes. Functionality has lost its importance in clothing nowadays.
3. <u>Equipment and Machinery</u>	Our ancestors didn't have great machines, so they used to do their work by themselves or they worked with simple machines. Moreover, they used animals for plowing and carrying loads.	Today we use machines to do the same things with less effort and time.
4. <u>Housing</u>	People used natural ingredients to build their houses. Their houses used to be small and functional. Family members used to gather in one room, and they used to eat and sleep in the same room together.	Today people use high technology to build their houses. Technology has given opportunities for human being to get the most from the nature.

**5 B**

**Read the text and answer the following questions.**

1. Why did people use to be more peaceful in the past?  
Because they didn't have any complex economic, social and political problems.
2. What kept people fit in the past?  
Their daily work kept their bodies running in the past.
3. How did people turn agriculture into a mess?  
With the introduction of technology, pesticides and traditional farming culture turned upside down.
4. What is so important for people about their clothes today?  
Wearing trendy clothes matters for people in clothing nowadays.
5. Do you think everything has changed for the better? Why or why not?  
Students' own answers

**6 A**

**Use your dictionaries and match the words to the pictures below.**

curved TV	central heating boiler	dryer machine	milking machine
smart phone	<del>plowing machine</del>	dishwasher	washing machine



6 B

Use your dictionaries and match the expressions to the pictures below.

milking the cow	heating the room with a stove	washing the dishes	plowing the land
hanging the clothes out	washing the clothes by hand	watching black and white TVs	using the landline



a. washing the clothes by hand



b. plowing the land



c. milking the cow



d. using the landline



e. watching black and white TVs



f. washing the dishes



g. hanging the clothes out



h. heating the room with a stove

6 C

Match the expressions from Part 6 B to their present compensator from Part 6 A. One is done for you.

Past	b	f	g	e	d	c	h	a
Present	1	2	3	4	5	6	7	8

6 D

Write a short paragraph comparing what people used to or didn't use to do in the past and what they are doing at present. Use the words in Part 6 A and 6 B.

- The 21<sup>st</sup> century has had a number of differences from the previous centuries. Some are \_\_\_\_\_
- good for the people but some are still speculative. For example in the past, people used to \_\_\_\_\_
- plow their lands by animals, but today they use plowing machines instead. ... \_\_\_\_\_
- Students' own answers \_\_\_\_\_
- \_\_\_\_\_