

THEME 6

HELPFUL TIPS

Theme 6: Helpful Tips

A. Look at the pictures below and read the helpful tips. Discuss these questions.

- Which one do you think is the most useful tip? Why?
- Which one do you think is the least useful tip? Why?



(1) Wrap a wet paper towel around your beverage and put it in the freezer. In about 15 minutes, it will be almost completely ice cold.



(2) Use nail polish to identify different keys.



(3) To remove the stem from a strawberry, use a straw.



(4) Add one teaspoonful of baking soda when you boil an egg. It'll make the shell come off easily.



(5) Before you throw away a pencil, run it between the keys on your keyboard to collect crumbs and dirt.



(6) Use a pencil case or a sunglasses case to store your cables in your backpack or suitcase.

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Theme 6: Helpful Tips

B. Use the words below to label the pictures.

candle

gum

ribbon



-
-
-

C. Listen to the conversation and answer the question. (Audio 6.8)

Which helpful tips in activity A do the speakers mention? Tick (✓) them.

(.....) Tip 1

(.....) Tip 2

(.....) Tip 3

(.....) Tip 4

(.....) Tip 5

(.....) Tip 6



D. Listen to the conversation again and underline the correct alternative.

- Janet / Nancy is reading a magazine article about helpful tips.
- Nancy has decided to use some salt/ baking soda when she boils eggs.
- If you want to find your suitcase quickly at the airport, you should tie a ribbon to your suitcase/ paint your suitcase.
- It's a good idea to wash your face/ chew gum if you don't want to cry while you're chopping onions.
- If you use a stick of spaghetti/ a long match to light a candle, you won't burn yourself.

E. Work in pairs and read the helpful tips in activity D again. Take turns to ask and answer the following questions.

- Do you think these tips are useful?
- Would you like to use any of these tips from now on? If yes, which one(s)?
- Can you give an example of a similar helpful tip?

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A. Students' own answers

B.

- gum
- ribbon
- candle

C.

- (✓) Tip 2 (✓) Tip 4 (✓) Tip 6

(Audio 6.8) Listen to the conversation and answer the question.

Nancy: What are you reading, Janet?

Janet: A magazine article. It's about helpful tips. Here are lots of useful tips. I think they're great. They can make my life easier.

Nancy: Really? That sounds interesting.

Janet: Yeah. I wanna share some of them with you. For example, if you add one teaspoonful of baking soda when you boil an egg, the shell of the egg will come off easily.

Nancy: That's a very good idea. I'll use baking soda when I boil eggs from now on.

Janet: Yes. Here's another tip. It's sometimes difficult to find the correct key. So you can use nail polish to identify different keys. And there are some tips about travel. When you pack, it's a good idea to put your cables in a pencil case or a sunglasses case. In this way, you'll find them easily in your backpack or suitcase.

Nancy: Yes, that's right.

Janet: And when you get off the plane, it usually takes a long time to check if it's your bag. So you should tie a ribbon to your suitcase. This will save you time at the airport because you'll find your suitcase quickly.

Nancy: Oh, I believe it works.

Janet: I agree with you. Now listen to this one. We usually cry when we chop onions. If you don't want to cry, you should chew gum.

Nancy: Really?

Janet: Yes. Here's another example. We usually burn ourselves when we try to light a candle. If you don't want to burn yourself, you should use a stick of spaghetti to light a candle.

Nancy: You're right, Janet. These tips will make our lives easier. Read more. I'm listening.

Janet: All right...

D.

- Janet
- baking soda
- tie a ribbon to your suitcase
- chew gum
- a stick of spaghetti

E. Students' own answers

Theme 6: Helpful Tips

I. Read the letters again. Fill in each gap with the correct name. Write Frank, Edward, Caroline or Mollie.

- 1. has a problem with his/her sister.
- 2. has a problem with his/her flatmate.
- 3. has a health problem.
- 4. has a problem with a tight-fisted friend.
- 5. gets angry when he/she can't find his/her clothes.
- 6. is angry because the flat is not clean.
- 7. is angry because his/her friend never pays bills.
- 8. is feeling extremely stressed these days.

J. Imagine you are Abby and you must reply to the letters in activity H. Read them again and write a letter of advice for each one.

Abby is always here to help you.

Dear Frank,	Dear Edward,
Dear Caroline,	Dear Mollie,

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- I.
- 1. Mollie 2. Frank 3. Caroline
 - 4. Edward 5. Mollie 6. Frank
 - 7. Edward 8. Caroline

J. Suggested replies:

Dear Frank,

I think you should talk to your flatmate about the problem. You had better say that you want to live in a clean place but you can't do it on your own. You should tell him to share the household responsibilities. It's a good idea to offer to prepare a to-do list together. In this way, your flatmate can choose the chores he can do and when he can do them. I hope everything will be better.

Dear Edward,

I think you should talk to your friend. It's a good idea to say that you feel unhappy because of his behavior and that you don't want to go anywhere with him again if he doesn't share the bill. And you should add that as he has a part-time job, he isn't broke. You had better remind him that you are a student and you get pocket money from your parents. I hope he will understand how this affects you negatively, and then I believe the problem will end.

Dear Caroline,

I think you should see a doctor soon. It's a good idea to ask your doctor to examine you. Why don't you do the necessary blood tests as well? Besides, you had better get a good night's sleep for a week. I'm sure you will feel better. How about going for a walk for twenty minutes in the evening? This will help you decrease your stress level. You should try hard to avoid stress. I hope you will feel better soon.

Dear Mollie,

I think you should talk to your sister and say that the situation has made you really sad and annoyed. Why don't you tell her to ask you for permission before she wears your clothes? In addition, you had better ask her, "How will you feel if I borrow your best dress without your permission tomorrow?" I believe she will understand the problem and everything will be better.

K. You can see this sign at a swimming pool.

L. a

M.

- 1. watch 2. restrooms 3. swim
- 4. run 5. dive 6. rough

N.

If you want to use our swimming pool, you must watch your children.

If you want to use our swimming pool, you must use the restrooms.

If you want to use our swimming pool, you mustn't swim alone.

If you want to use our swimming pool, you mustn't run around the pool.

If you want to use our swimming pool, you mustn't dive into the pool.

If you want to use our swimming pool, you must avoid rough play in or around the pool.

O. Students' own answers

P. Students' own answers

K. Look at the sign below and answer the question.

Where can you see this sign?



L. Look at the sign again and choose the correct answer.

What is the purpose of this sign?

- a. To describe the rules and regulations at the swimming pool.
- b. To give advice to swimmers in the sea.
- c. To give swimmers information about the correct swimming techniques.

M. Complete the following sentences according to the sign.

- 1. Parents should their children at all times.
- 2. Swimmers should use the They are near the pool.
- 3. Never alone. That's dangerous.
- 4. Don't around the pool. You may fall down and get injured.
- 5. Don't into the pool. You may bump your head.
- 6. You should avoid play in or around the pool. That's too risky.

N. Work in pairs. Look at the sign again and take turns to talk about the rules and regulations. Start as follows.

If you want to use our swimming pool, you must/ mustn't

O. Work in groups of 4. Take turns to talk about the household chores that your family members are responsible for. Make sentences as in the example.

My brother is responsible for setting the table.

NOTES

A series of horizontal dotted lines for writing notes.

P. Work in groups of 4 and prepare a poster about wasting energy sources. Then present it to the class. Finally, vote for the best poster.

