1 Match the pictures with the phrases.

1. lift weights2. do karate3. go running
2. play tennis
3. join Zumba classes
4. exercise


2 Complete the sentences with some of the phrases in exercise 1 in the correct form.

1. I like martial arts. $\qquad$ is my favourite.
2. Where is my racket? I want to $\qquad$ .... with my friend but I can't find it!
3. Sally enjoys dancing and she wants to
$\qquad$ in the sports center.
4. My arms are very strong because I always in the gym.

3 Complete the dialogue with the sentences in the box.
a. You live a very healthy life!
b. I think they are boring.
c. What else do you do?

Linda : Do you like doing sports, George? You look very fit!

George : Yes, I do, but I don’t like doing sports indoors.
(1)

I never exercise in a gym.
Linda : So, you prefer outdoor sports?
George : Right! I usually go running in nature after school at least three times a week. It makes me feel relaxed.

Linda : (2)
George : I play tennis every Friday afternoon and I go swimming on Wednesdays. There is a very big swimming pool in the sports hall at school.

Linda : (3)
George : Not exactly, I love eating fast food. I do sports but I never eat healthy food.
Linda : Oh, that's bad. You should eat more vegetables and fruit.
George : You are right! I know I should stop it!

4 Tick the things George does.

6.


5 Read the dialogue and circle.


9 Complete the sentences with the comparative form of the adjectives in brackets.

1. I think skateboarding is $\qquad$ (exciting) running.
2. Betty is $\qquad$ (thin) Anna.
3. Mike is $\qquad$ (good) Tim at football.
4. Winter is $\qquad$ (cold) spring.
5. Molly is (lazy) Paul. She doesn't do any homework.
6. Doing yoga is $\qquad$ (boring) swimming.
7. Lions are $\qquad$ (dangerous) cats.
8. Skiing equipment is $\qquad$ (expensive) swimming equipment.

10 Use the prompts below to make sentences as in the example.
ex. a plane / a train (fast)
A plane is faster than a train.

1. football / baseball (popular)
2. Russia / Brazil (cold)
3. Elephants / tigers (heavy)
4. Chinese food / Italian food (bad)
5. weightlifting / gymnastics (difficult)

11 Write the comparative and superlative forms of the following adjectives.

| Adjective | Comparative | Superlative |
| :---: | :---: | :---: |
| 1. long | ...................... | ....................... |
| 2. hot | ...................... | ..................... |
| 3. expensive | ..................... | ..................... |
| 4. good | ...................... | ...................... |
| 5. tiring | ..... | ... |
| 6. dangerous | ..................... | ..................... |
| 7. far | ...................... | . |
| 8. nice | ................... | .............. |
| 9. bad | .................... | ........... |
| 10. beautiful | ...................... | $\ldots$ |
| 11. easy | .................. | ........... |

12 Complete the sentences with the comparative or the superlative form of the adjectives in brackets.

1. Jim is $\qquad$ (hardworking) student in my class.
2. August is $\qquad$ (hot) October.
3. I think Science is $\qquad$ (difficult)
History.
4. Who is $\qquad$ (young) person in your family?
5. Wendy's is $\qquad$ (good) restaurant in the city.
6. This dress is $\qquad$ (cheap) that coat.
7. What is $\qquad$ (dangerous) sport?
8. Horror movies are $\qquad$ (frightening) action movies.
9. This is $\qquad$ (bad) film of all.
10. Mary is (pretty) Kate.

13 Write sentences in the superlative.

1. China / crowded / country in the world
2. Peter / tall / student in our class
$\qquad$
3. Elephants / heavy / animals in the world
$\qquad$
4. January / cold / month of the year
$\qquad$
5. Yoga / relaxing / sport of all

14 Complete the sentences with the comparative or superlative form of the adjectives in brackets.

1. Skateboarding is $\qquad$ (interesting) weightlifting.
2. Weightlifting is $\qquad$ (difficult) of all.
3. Football is $\qquad$ (safe) skateboarding.
4. Football equipment is $\qquad$ (cheap) skateboarding equipment.
5. Weightlifting is $\qquad$ (boring) of all.
6. Skateboarding is $\qquad$ (funny) of all.
