

### 2 Complete the sentences with some of the phrases in exercise 1 in the correct form.

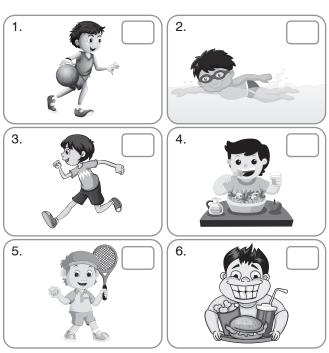
- 1. I like martial arts. ..... is my favourite.
- 2. Where is my racket? I want to ..... with my friend but I can't find it!
- **3.** Sally enjoys dancing and she wants to ..... in the sports center.
- 4. My arms are very strong because I always ..... in the gym.

# 3 Complete the dialogue with the sentences in the box.

- a. You live a very healthy life!
- b. I think they are boring.
- c. What else do you do'

Linda	:	Do you like doing sports, George? You look very fit!
George	:	Yes, I do, but I don't like doing sports indoors. (1) I never exercise in a gym.
Linda	:	So, you prefer outdoor sports?
George	:	Right! I usually go running in nature after school at least three times a week. It makes me feel relaxed.
Linda	:	(2)
George	:	I play tennis every Friday afternoon and I go swimming on Wednesdays. There is a very big swimming pool in the sports hall at school.
Linda	:	(3)
George	:	Not exactly, I love eating fast food. I do sports but I never eat healthy food.
Linda	:	Oh, that's bad. You should eat more vegetables and fruit.
George	:	You are right! I know I should stop it!

### **4** Tick the things George does.



#### WORKSHEET UNIT 8 • FITNESS

#### **5** Read the dialogue and circle.

Assistant	: Good morning, Sir. <b>(1) Can</b> / <b>Do</b> I help you?
Kevin	: Yes, please. I would like to (2) join / keep the gym as a member.
Assistant	: Good! May I ask you some personal questions?
Kevin	: Sure!
Assistant	: What's your full name?
Kevin	: Kevin Moore.
Assistant	: How do you <b>(3) call</b> / <b>spell</b> your name?
Kevin	: K-E-V-I-N M-O-O-R-E
Assistant	: (4) What / How is your address?
Kevin	: 12 <sup>th</sup> Green St. Liverpool.
Assistant	: Sorry, could you <b>(5) repeat</b> / <b>learn</b> the number, please?
Kevin	: The (6) twenty / twelfth.
Assistant	: OK. What's your phone number?
Kevin	: lt's 097 4565892
Assistant	: 892?
Kevin	: That's right.
Assistant	: Oh, and what's your e-mail address?
Kevin	: It's kevin.moore@ymail.uk
Assistant	: Thank you. (7) May / Do you have any questions about the gym?
Kevin	: There is lots of information on the website. But what about the payment? How <b>(8) much</b> / <b>often</b> does it cost monthly?
Assistant	: It's £ 60 per month.
Kevin	: That's very good! One more thing? When are the judo classes? I am really interested in <b>(9) martial arts</b> / <b>outdoor sports</b> and I don't want to miss the classes.
Assistant	: They are on Monday, Wednesday and Friday. ( <b>10</b> ) Four / Three times a week and they start at five and finish at half past six ( <b>11</b> ) in / on the evening.
Kevin	: OK. Thanks.

## **6** Look at the form and correct the wrong parts.

	MEMBERSHIP FORM					
1.	Name	Kevin Moore				
2.	Address	11th Green St. Liverpool				
3.	Phone number	nber 037 4565792				
4.	E-mail Address	kevin@ymail.uk				
5.	Interested in	Karate classes (Between 5 and 6 o'clock)				

#### **7** Find 10 names of sports and write.

U	R	С	J	R	S	S	Т	Ε	С	G	В	Ζ
F	В	U	J	0	В	Κ	G	V	0	I	Р	0
Α	۷	Т	L	L	Α	Α	Y	Y	0	G	Α	Ε
S	0	R	κ	L	S	Т	М	Ν	В	Χ	W	W
Κ	L	Ε	U	Ε	Κ	Е	Ν	L	F	В	Т	S
1	L	Κ	Y	R	Ε	В	Α	Α	0	В	κ	L
I	Ε	Κ	0	S	Т	0	S	Ρ	0	Α	Y	М
Ν	Y	Ι	R	к	В	Α	Т	Т	Т	S	н	0
G	В	Ν	S	Α	Α	R	I	W	В	Ε	R	J
V	Α	G	Υ	Т	L	D	С	Е	Α	В	D	Н
0	L	Т	V	I	L	I	S	0	L	Α	Y	Ζ
Т	L	R	R	Ν	Ν	Ν	L	Y	L	L	W	S
Е	J	κ	Z	G	Η	G	G	Α	F	L	G	R
1.						2.						
3.						4.						
5.						6.						
7.	8.											
9.												
					-							

### 8 Complete the chart with the sports in exercise 7.

Team sports	Individual Sports

#### 9 Complete the sentences with the comparative form of the adjectives in brackets. I think skateboarding is ..... (exciting) 1. running. 2. Betty is ..... (thin) Anna. 3. Mike is ..... (good) Tim at football. 4. Winter is ..... (cold) spring. Molly is ..... (lazy) Paul. She doesn't 5. do any homework. Doing yoga is ..... (boring) 6. swimming. 7. Lions are ..... (dangerous) cats. Skiing equipment is ..... (expensive) 8. swimming equipment. 10 Use the prompts below to make sentences as in the example. ex. a plane / a train (fast) A plane is faster than a train. 1. football / baseball (popular) ..... Russia / Brazil (cold) 2. ..... 3. Elephants / tigers (heavy) ..... Chinese food / Italian food (bad) 4. .....

- 5. weightlifting / gymnastics (difficult)
- Write the comparative and superlative forms of the following adjectives.

.....

	Adjective	Comparative	Superlative
1.	long		
2.	hot		
3.	expensive		
4.	good		
5.	tiring		
6.	dangerous		
7.	far		
8.	nice		
9.	bad		
10	. beautiful		
11	. easy		

12	Complete the sentences with the comparative or the superlative form of the adjectives in brackets.
1.	Jim is) (hardworking) student in my class.
2.	August is (hot) October.
3.	I think Science is (difficult) History.
4.	Who is (young) person in your family?
5.	<i>Wendy's</i> is (good) restaurant in the city.
6.	This dress is (cheap) that coat.
7.	What is (dangerous) sport?
8.	Horror movies are (frightening) action movies.
9.	This is (bad) film of all.
10.	Mary is (pretty) Kate.
13	Write sentences in the superlative.
1.	China / crowded / country in the world
2.	Peter / tall / student in our class
3.	Elephants / heavy / animals in the world
4.	January / cold / month of the year
5.	Yoga / relaxing / sport of all
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14	Complete the sentences with the comparative or superlative form of the adjectives in brackets.
1.	Skateboarding is (interesting) weightlifting.
2.	Weightlifting is (difficult) of all.
3.	Football is (safe) skateboarding.
4.	Football equipment is (cheap) skateboarding equipment.
5.	Weightlifting is (boring) of all.

6. Skateboarding is ..... (funny) of all.